

The Emperor of China is working as a Gardener

Psychiatric Rehabilitation in Malaysia

Wolfgang Krahl MD, MA
Isar-Amper-Klinikum - Klinikum München-Ost
Germany

3rd International Symposium
Mental Health in Developing Countries
12th November 2011 in Munich

email: drwkrahl@yahoo.de



DATA I

Age of farm pts (n=232)	52.7
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Years of hospitalization	22.0
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Age of reha-pts (n=41)	41.5
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Years of hospitalization	11.5
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**Diagnosis: in most cases
chronic schizophrenia**

AVERAGE AGE OF REHA-PATIENTS

N=41

1. Admission	25.7_±7.2
at discharge (jp)	41.5_±7.8
at follow-up	57.3_±7.7
 hospitalisation	 11.5_±8.5

Marital Status

Single	34
Married	6
Divorced	1

Ethnic Group

Chinese	32
Indian	6
Malay	3

Religion

Buddhist	31
Muslim	4
Hindu	3
Christian	3

Contacts with relatives

nil	23
1-3 per year	17
3-6 per year	1

AVERAGE INCOME

1980 52 MR (20-120)

1993 113 MR (30-625)

1997 186 MR (30-825)

REHABILITATION FAILURE

(less than 5 years in community)

Patients (n=15) Present Situation

3	With Relatives
2	Absconded
3	Died
1	Hospital Tampoi
6	Hospital HBUK

REHABILITATION SUCCESS

(more than 5 years in community)

Patients (n=26) Present Situation

11	Employed
4	With Relatives
2	Old folks home
1	Absconded
3	Hospital HBUK
5	Died

READMISSIONS REHABILITATION FAILURE

<u>Admissions</u>	<u>Cause</u>	<u>N = 15</u>
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34	Psychiatric	
8	Diff. with employer	
2	Medical	
<u>2</u>	Others (thieves)	
46		

READMISSIONS REHABILITATION SUCCESS

<u>Admissions</u>	<u>Cause</u>	<u>N =</u>	<u>26</u>
35	Psychiatric		
17	Medical		
1	Psych/Medical		
3	Economic		
<u>4</u>	Diff. With employer		
60	4 pts. no admission		

CPZ-EQUIVALENTS



Conditions necessary for successful rehabilitation:

- A positive attitude towards the chronic patient.
- Hope that a positive outcome can be achieved.
- A rehabilitative infrastructure.
- Rehabilitation according to wishes/abilities of the patient.
- Psychopathology per se does not hinder rehabilitation.
- Neuroleptic medication is often necessary for rehabilitation, but is not sufficient.
- A rehabilitative infrastructure.
- Rehabilitation needs interested and motivated staff.
- Administrators, politicians, doctors and even some psychiatrists have to be convinced that there is potential in every patient, even the most chronic ones.
- The patient needs staff that feels personally responsible.

A black and white portrait of Pu Yi, the last Emperor of China. He is wearing a dark, flat cap and round-rimmed glasses. He has a serious expression and is looking slightly to the right of the camera. He is wearing a dark, high-collared jacket. The background is a mottled, light-colored texture.

**Pu Yi the last Emperor of
China worked as a Gardener**